

Should My Child Attend School?

1 Has your child travelled outside of Canada in the last 14 days?

NO: Proceed to Question 2

YES: **Quarantine** for 14 days from the date your child returned to Canada. Inform school of your child's absence using the school's process.

2 In the last 14 days, has your child been in close contact* with a positive COVID-19 case?

** A close contact is someone who was closer than 2 metres or living in the same home*

NO: Proceed to Question 3

YES: **Self-isolate** and call your local Health Unit. Inform school of your child's absence using the school's process.

3 Does your child have one or more of these symptoms?

- Fever (feeling hot to touch, a temperature of 37.8 degrees Celsius; 100.4 degrees Fahrenheit or higher);
- Chills;
- New or worsening cough;
- Barking cough, making whistling noise when breathing (croup);
- Shortness of breath (unable to breathe deeply or feeling unable to catch one's breath);
- Sore throat (not related to seasonal allergies or other known conditions); Trouble swallowing;
- Changes in taste or smell (e.g. lost sense of taste);
- Nausea or vomiting (not related to other known causes or conditions);
- Diarrhea or stomach pain (not related to other known causes or conditions);
- Unusual headache;
- Runny nose, or nasal congestion (not related to seasonal allergies);
- Unexplained fatigue (lack of energy);
- Sore muscles (long lasting or unusual);
- Pink eye (irritated, itchy or painful eye that may have crusting or discharge);

NO: **Child may attend school**

YES: Proceed to Question 4

4 Is this a normal or usual symptom for your child?

NO: Proceed to Question 5

YES: Proceed to Question 6

5 Does your child have an existing medical diagnosis (not COVID-19) that explains the symptom(s)?

NO: Child has symptoms consistent with COVID-19. **Self-isolate** and go for COVID-19 testing. Call your local Health Unit if you have questions. The assessment centre will decide if close household contacts need to isolate. Inform school of your child's absence using the school's process.

YES: Proceed to Question 6

6 Has your child had close contact* with someone with new COVID-19 symptoms (like a cough, fever, or difficulty breathing) in the last 14 days?

** A close contact is someone who was closer than 2 metres or living in the same home*

NO: **Child may attend school** when they are symptom free for 24 hours and have signs they are feeling well (e.g., eating, drinking and sleeping well, normal personality, enough energy for their daily activities)

YES: **Self-isolate** and go for COVID-19 testing. Call your local Health Unit if you have questions. The assessment centre will decide if close household contacts need to isolate. Inform school of your child's absence using the school's process.

To find a local assessment centre, visit: <https://covid-19.ontario.ca/assessment-centre-locations/>