



NEWSLETTER

The PRIDE of LYN



Kindness Week at Lyn PS was a great way to shine a light on how special our school really is. Paying compliments, noticing and naming good deeds and being a good friend were a big part of Kindness Week. Our staff goes above and beyond for our students, fostering a culture of care and modelling our values daily. In partnership with our caring families, all these factors make Lyn such a fantastic school!

While Lyn is an exceptional school in so many ways, we are always striving to be even better! We have established school improvement goals for literacy, numeracy and wellness. We are learning more about phonemic awareness and phonetic decoding to help our students improve their reading and spelling skills. We are also building our capacity to teach the new math curriculum, specifically developing our students' number sense using a variety of math tools and strategies. Our student wellness is always a priority at Lyn PS. We continue to ensure our students feel a sense of belonging and safety at school. We are also helping them develop self-regulation strategies that help them to cope with stress and other emotions that can be a barrier to feeling calm and ready to learn.

Christmas spirit is building! The kids are excited about our upcoming spirit days. Our Christmas Store is filled with all kinds of new and gently used gifts for our students to purchase on December 7th! Check out our calendar for our school spirit days and follow our school Facebook page for reminders!

Many of our classrooms participated in the Legion's annual Remembrance Day poster and poem contest and the following Lyn PS students were recognized for their efforts:

Posters:

Primary Colour:

Denali Herbison – 3rd place

Junior Colour:

Avery Copeland – 2nd place

Ady Bell – 3rd place

Primary Black & White:

Ryland Alexander – 2nd place

Kadence Dodgson – 3rd place

Poems:

Graham Doner – 1st place

Annabella Antoine – 2nd place

Junior Black & White:

Avery Paul – 1st place

Jack Steacy – 3rd place

Congratulations! The students who placed first in their category will go on to the next level of competition.



We want to recognize our students who demonstrated the character traits we value at Lyn PS. We would like to recognize the following students for demonstrating 'Paw'sitive behaviour in the month of November:

Eden Boyd

Scarlett Cross

Samantha Perkins

Payton Burns

Aaron Cambers

Hunter Dupuis

Kiki Reynolds

Isaac Massey

Knox Hanna

Quinn Perkins

The Eco Christmas Store

We are environmental stewards in so many ways here at Lyn! We don't just reduce and recycle...we reuse too! We are so grateful for all of the donations of gently used and new items as well as the gift wrap and bags! We are no longer taking donations as of December 1st. The Christmas Store will be open for 1 day only on **Tuesday, December 7th**. Be sure to send your child with a few dollars so they can buy gifts for the family!

ecoschool



Tips on Wearing Masks

By wearing a cloth mask at school, your child is helping to protect those around them. To work well, masks should:





NEWSLETTER

The PRIDE of LYN



- Fit securely with ear loops or ties
 - Keep their shape after washing and drying
 - Be made of at least 2 layers of tightly woven material (e.g. cotton or linen); 3+ layers offer better protection
 - Be big enough to comfortably cover your child's nose and mouth
 - Be replaced with a clean mask if your child's mask gets damp, dirty or damaged
- For the best protection from COVID-19, use masks in combination with physical distancing, cleaning your hands, and staying home when sick. Get more tips on mask use at: <https://healthunit.org/health-information/covid-19/face-coverings-masks/>

What is Cyberbullying?

Bullying by electronic means or cyberbullying can take many forms, such as using email, text messages, apps or through social media. It can also include:

- Sending hurtful and sometimes threatening emails, pictures or text messages.
- Spreading gossip, secrets or rumours about another person that will damage that person's reputation, sense of safety and well-being.
- Hacking into an email account or creating an anonymous account and sending/posting hurtful materials to others under an assumed identity.
- Creating social media posts or websites that contain stories, cartoons, pictures or jokes ridiculing others.
- Creating polling websites where visitors are asked to rate individuals' attributes in a negative manner.
- Taking an embarrassing photo of someone and sharing it with others.
- Directly messaging someone and deceiving them into revealing personal information, including gender identity or sexual orientation and then sharing that information with others.
- Hacking someone's online profile to impersonate them or posting sexual, racist and other content that may be offensive.
- Deliberately excluding others from or in gaming sessions, group chats or social media accounts.

Information to Help You: Cyberbullying

- *Kids Help Phone* – Offers counselling 24/7 in English and French. Children, parents and guardians can talk with

someone about what they are feeling at 1-800-668-6868. Or text CONNECT at 686868 to chat by text.

- [Media Smarts](#) – Cyberbullying Resources
- [Cybertip.ca](#) – What To Do if Your Child is Being Bullied?

Preparing for Potential School Closures in the Future

We hope we will not have any more school closures, but it is always good to be prepared. Please ensure that your child can access their class Microsoft Teams site (online). If you're having difficulty, please contact your child's teacher. If you do not have a laptop or internet access for your child, please make sure your child's teacher knows this in advance. Thank you.



The 2021-22 Parent Council executive positions are as follows: Chairs – Allison Myre, and Secretary – Brandy Smith.

Thank you to all who attended our November meeting. Our next meeting is Tuesday, December 14th at 7 pm. All are welcome and we hope to see you there! If you would like to join this virtual meeting please contact the office.



A new [Facebook group](#) has been developed, in partnership with the school, for Lyn PS parents and guardians. If you are a *parent or guardian* and would like to join this closed group, please request to join the group and we will welcome you in! This group is a way for parents to connect, share information and follow parent council events and fundraisers. It could even be a way to set up play dates for your child. Please note that this is not a forum for voicing concerns or sharing opinions. We will monitor it regularly and may remove posts that are considered inappropriate. We hope you find this new parent group helpful!





NEWSLETTER

The PRIDE of LYN



Benefits of getting the COVID-19 Vaccine for Children

- The COVID-19 vaccine protects children from becoming sick with COVID-19, and particularly from becoming so sick that they need to be hospitalized. While fortunately not very common, some children have died from the COVID-19 infection.
- Some people (including children) are reporting 'long-COVID' – breathing problems, difficulty concentrating, and other symptoms that last for months or more – even if their initial infection from COVID-19 was not severe.
- Children who are vaccinated against COVID-19, then help to protect other, more vulnerable people in their lives, like babies, and grandparents – making family gatherings less risky for everyone involved.
- Fully vaccinated children (14 days after receiving their second dose), who are exposed to someone with COVID-19, can still go to school or childcare as long as they don't have COVID-19 symptoms. Otherwise, they need to stay home for up to 10 days.
- Children getting vaccinated will help to prevent the spread of COVID-19 among others in the classroom, sports team, or other activities.

How to Prepare your Child for getting Vaccinated

Kids are pros at getting vaccinated. They have been doing it since 2 months of age – and several times over. Our clinic staff also have a lot of experience vaccinating children in this age group. Parents know their children best and can decide how to approach the preparation based on the child's age and personality, but most children benefit from clear, age-appropriate communication. Here are some ideas that can help:

Ages 5 to 7:

- Give a brief step-by-step description of what to expect.
- Rely on the power of play. Little kids process their emotions through play, so **send some stuffed animals or dolls** to the "doctor" or "nurse" for their vaccines before it's time for the kids to go!
- Keep their hands busy and their minds occupied to work through their anticipatory anxiety.
- Apply ice to the injection site before and after the shot.
- Encourage them to have a light snack before the appointment.

Ages 8 to 11:

- Kids in this age group might have more detailed questions. Give honest answers and seek additional information if you aren't sure how to answer. Empathize with them and listen to their concerns.
- Empower your big kids to write a list of questions to ask the nurse or doctor at the appointment to ease their worries.
- Have your child create a **playlist to listen to during the appointment**.
- Plan to watch an interesting video (cue it up so you don't have to search!) or use a favorite app.
- Encourage them to have a light snack before the appointment.

Needle fear can be common for children. See the Frequently Asked Questions below for more tips on how to help make vaccination as easy as possible for your child.

Booking your Child's COVID-19 Vaccine

Children ages 5-11 are eligible for a COVID vaccine as soon as Friday, November 26.





NEWSLETTER

The PRIDE of LYN



You can now [book your eligible child into any of our clinics](#), or visit a [participating pharmacy](#), or check to see if your healthcare provider is offering it. *Note: we are **not** using the Provincial portal for clinic bookings. Please use [our online portal](#) instead.

We have reserved some of our clinics for children/youth (ages 5-25) only. [You can book your child an appointment at one of these clinics by using this link](#) or calling 1-844-369-1234. These specialized clinics will allow for more time per vaccination and have special supports in place for this age group. If these clinic dates or locations do not work for you, children can also book into any of our available clinics, or receive their vaccine from a pharmacy or healthcare provider.

Specific Child and Youth Clinic Dates:

- Brockville Shopping Centre (125 Stewart Boulevard – Unit #6):
 - Friday, December 10 – 12:00pm–7:00pm
 - Sunday, December 12 – 10:00am–4:00pm
 - Saturday, December 18 – 10:00am–4:00pm
 - Wednesday, December 29 – 10:00am–4:00pm

Second doses are recommended **8 weeks after the first dose**. You can book the second dose appointment on-site after your child receives their first dose. A single dose does not provide adequate protection so it is important to get the second dose.

Information Sheets and Consent Forms:

- [COVID-19 Vaccine Information for Children 5-11](#)
- [COVID-19 Vaccines for Children & Youth FAQ](#)
- [Child & Youth COVID-19 Vaccine Factsheet](#)
- [COVID-19 Vaccine Children/ Youth \(Age 5-17\) Consent Form \(gov.on.ca\)](#)
- [How to Prepare Your Child for a COVID-19 Vaccination](#)

Check out this [vaccine clinic tour video](#) from our summer clinics for a sneak peek at what to expect!

What to bring to the appointment:

- Child's health card/OHIP card (even if it's expired). If no health care is available – bring another form of ID like a birth certificate if possible.
- Immunization record (if available)
- Something to distract and pass the time (headphones with music, electronics, book, favourite stuffy or fidget toy)

- Small peanut-free snack for after
- Mask that covers the mouth, nose and chin
- Child should wear a loose fitting or short sleeved top with easy access to the upper arm
- A parent or guardian (parental or guardian consent is required)

Thinking about a family vacation?

Even if your child is exempt from federal quarantine after travel with a vaccinated companion, unvaccinated or partially vaccinated students may **not** attend school or child care for 14 days after they return from their trip. Keep in mind, travel guidelines can change over time. Access up to date travel advice, as well as testing and isolation requirement that could apply to your family at <https://travel.gc.ca/travel-covid>





NEWSLETTER

The PRIDE of LYN



LETTERS TO SANTA



Santa has confirmed that he will be joining the Elizabethtown-Kitley crew when they stop by on the **Tuesday, December 7th** to pick up food donations at Lyn PS. They will also be collecting letters to Santa on Tuesday. These letters will be delivered to the North Pole for Santa! Be sure to send your child's letter in on by Tuesday morning – and make sure their return address is marked clearly on the envelope!



We want to ensure kids across Leeds and Grenville have a happy holiday in 2021!

BIG BROTHERS BIG SISTERS



GIVING TREE

It's that time of year again! Big Brothers Big Sisters of Leeds and Grenville has partnered with local businesses for our annual Giving Tree initiative!



Choose an ornament from the tree and provide a gift to a child less fortunate in our community. Please return your unwrapped gift with the ornament by **December 12, 2021**. Your generous gift will be dropped off to families by BBBS staff or distributed through local schools.

All donations from our Giving Trees go to children and youth throughout Leeds and Grenville!

For more information:
Call: 613-345-0288
Email: bbbs.leeds@bigbrothersbigsisters.ca

Help Support the Elizabethtown-Kitley Santa Food Drive



Sunday December 5th in Elizabethtown

Santa will once again tour around collecting food and monetary donations with the help of EK Fire Department, OPP, and Township staff.

Look for route details online at: ektwp.ca or call 613-345-7480 for more information.



Take Out Ham Dinner \$18.00

Thursday, December 2nd

Christ United Church, Lyn

4PM-6PM

Advance Tickets Only: Call 613-498-0827

Menu:

Ham, Scalloped potatoes,

Baked beans

Coleslaw, Dinner Roll

Dessert Squares





December 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 <i>Last day for donating items for Christmas Store</i>	2	3 <i>Last day for donating food items for Santa Food Drive</i>	4
5	6	7 Santa comes to pick up food donations and collect letters  Christmas Store	8	9	10 <i>Door Decorating</i>	11
12	13 <i>Christmas Hat/Hair Day!</i> <i>Classroom Christmas Trivia</i>	14 <i>Red & Green Day</i> School Council Teams meeting 7pm	15 <i>Virtual Christmas Caroling</i>	16 <i>Ugly Christmas Sweater Day</i>	17 <i>Christmas PJ Day</i>	18
19	20	21	22	23	24	25 
26	27	28	29	30	31	1 Happy New Year!
2	3 Welcome back to school!	4	5	6	7	8

