



NEWSLETTER

The PRIDE of LYN




PRINCIPAL'S MESSAGE

Many of our students were able to enjoy time spent playing outdoors in February, building snow creatures and painting them, sliding down our big snow hills, and playing games in the snow. It is great to see our students arriving at school prepared for the winter weather, with warm outdoor clothing, hats, waterproof mitts and boots.

We had tremendous fun during Winter Spirit Week – the school spirit was through the roof! Mr. Cross and the Grade 6 students did a great job organizing our Outdoor Play Day on Feb. 16 for all of our students. They had a blast playing Tic Tac Snow, Hit the Bucket, Snow Faces (throwing snowballs at the staff photos on the wall!) and many more fun games. We remind all of our students that it is important to respect the snow creations constructed by others and ‘share the snow’ with everyone. My motto is ‘there is always room for one more’ to encourage inclusion and kindness during outdoor play.

Masking in Kindergarten

The Chief Medical Officer of Health has indicated that as our community health profile is improving and as public health measures are being relaxed, masking for kindergarten students is no longer the priority it was earlier this school year. **Masking is now optional for Kindergarten students**, not a requirement, and this carries over to transportation as well.

Online Safety for Students

It is always a good time to bring awareness to online safety. As a parent, the most important thing you can do to keep your child safe online is talk to your child. By

setting guidelines, explaining the dangers and supervising your child online, you can dramatically reduce the chances that your child will encounter dangers online or engage in inappropriate behaviours online.

Social networking sites are very popular with young people. They change frequently and it can be difficult to stay up to date with the ones your child is using. It is important to set privacy controls that limit access. Ensure that your child has these controls set so that only those known to them can access their information. Explain that they should never accept an invitation from someone they don't know—even if that person claims to be a friend of a friend!

At school, we have an Acceptable Use Agreement outlining the rules for students who use the internet at school, either on a school device or personal device. This agreement is signed by parents when students register for school and again in Grade 4, along with the student's signature. Teachers will review this agreement with students throughout each school year. We are constantly reinforcing our expectations here at school as well as teaching our students the skills they need to use the internet effectively, including critical thinking skills for consuming information.



Congratulations to our Pawsitive Behaviour recipients for February:

Andrew Crotty
 Gabby Bernard
 Jackson Swann
 Sierra Dunlop

Raine Engley
 Maddy Ferguson
 Draven White
 Emma Swann



Spirit Days in March

Thurs. March 3: World Wildlife Day

Bring a stuffed 'wild' animal to school and share one fact about it!



Fri. March 11: PJ and Movie Day



Pajama Day never gets old! Wear your comfy PJs and enjoy a movie with your

Tues. March 22: Bring on Spring Day

Wear your 'springiest' clothes! Wear florals, spring colours, flowers in your hair ~ help us bring on Spring!



using our gymnasium for this, which provides adequate distancing as it is a large, well-ventilated space. Masking is still required when students are not actively engaged in the activity. We are very happy to have Mrs. Bradford heading up this program!



Our next virtual school council meeting is on Tues., Mar. 29th at 7 pm. The council is planning a Laura Second chocolate fundraiser for the beginning of April, through Easter and wrapping up by April 22nd. Please contact the school if you would like to be a part of our School Council.



ONTARIO ecoschools

Earth Hour

On Saturday, March 26th it is Earth Hour in Canada. The event is held annually, encouraging individuals, communities, and businesses to turn off non-essential electric lights, for one hour, as a symbol of commitment to the planet. We will be honoring Earth Hour at school by turning off the lights and screens for one hour in the afternoon. We hope you will take part in Earth Hour with your family on Saturday!

Since our Eco School Team has not been able to meet, due to cohorting and COVID restrictions, we have been trying to do our part as environmental stewards in other ways. One thing we have adopted, during the pandemic, is responsibly recycling used masks. We are looking forward to getting our environmental club back up and running in the future!



Instrumental Music Guidelines – Update

Music programs are once again permitted in areas with adequate ventilation. This means we are able to get our Grade 6 music program back up and running! We will be

March is Nutrition Month – let's talk about school lunches and snacks! The food eaten at school provides a major source of energy that kids need to grow, develop, learn and play. To pack a healthy lunch for school, try including one food from each of the three food categories in a school lunch:

- Colourful **vegetables and fruit**
- Whole **grains**
- **Protein** foods: meat, fish, poultry, eggs, beans, nuts, seeds, tofu and dairy products

Try to avoid packing processed and pre-packaged foods like dry noodle soup mixes, pepperoni, and luncheon meats. These foods are often high in fat and salt and have few nutrients. For drinks, milk and water are great choices. For more information, check out our "What's for Lunch?" resource: <https://healthunit.org/wp->



[content/uploads/Packing_Healthy_School_Lunch_Tips.pdf](#)

The Government of Canada lightens border measures:

Children under 12 years old, travelling with fully vaccinated adults, will continue to be exempt from quarantine, without any conditions limiting their activities. For example, they no longer need to wait 14 days before attending school, camp or daycare. If you are travelling outside of Canada this March Break remember to plan ahead. Refer to the Government of Canada's website for more information or call the Public Health Agency of Canada's general inquiries line at 1-833-784-4397.

Did you know? Making mistakes is a normal part of learning for children, teens AND parents.

Kids don't always know that though. They can get discouraged with themselves or want to quit something that is hard. As parents, we can encourage them to keep trying. We can share our own experiences and the things we have learned. We can help them make a plan to do better. And we can remind them about all the times they have tried and been successful. For extra parenting tips and more strategies, call 1-800-660-5853, email triplep@healthunit.org or visit www.triplep-parenting.ca. Parenting matters!

Hold Your Child's Birthday Party This Summer At



\$15 per person
Includes
Use of the Driving Range & Putting Green (Total of 1 Hour)
Plus Bottle of Pop/Water and Choice of Chocolate Bar or Bag of Chips
(Max 8 people, junior clubs available for use)
Meal Packages (Pizza, HotDogs & Fries, etc.) Can Be Provided
Email pgc@prescottgolfclub.ca or call 613-925-5370 x12 for more info



March 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 World Wildlife Day	4	5
6	7	8	9	10	11 PJ and Movie Day!	12
13	14	15	16	17	18	19
March Break						
20	21 First Day of Spring	22 Bring on Spring Day!	23 Term 2 IEPs go home	24	25	26
27	28	29 School Council Meeting (virtual on Teams) 7 p.m.	30	31		

Easter holidays: Friday, April 15th and Monday, April 18th.

