

September went by so fast with all the excitement of being back at school, reconnecting with friends and enjoying some unusually warm weather! The Open House was well attended, cross country is in full-swing, and our Grade 5 and 6 students are beginning to learn their instruments for music. Our students did a great job participating in the Terry Fox School Run and we have a big cross-country team practicing almost every day for their upcoming events.

We had a very successful Fall Fair this year - thanks to our supportive community, our hardworking school council, our dedicated staff, and all of our awesome Lyn families! This annual event sets Lyn apart from many other schools and reflects that small community feel in the way that our community works in partnership with our school. Thank you to those who donated time, cakes, prizes, silent auction, and raffle items. Without you, we would be unable to host such a wonderful event for our school community.

Please don't hesitate to reach out to me with any questions or concerns!

### National Day for Truth and Reconciliation



On Friday, September 29<sup>th</sup>, we participated in Orange Shirt Day. On this day, we talked about how Canadians

wear an orange shirt to demonstrate their commitment to reconciliation by opening and continuing the dialogue about residential schooling. We believe, as educators, it is important that students are aware of this, beginning in the early grades, and lessons focus on what it means 'to matter' and how all children matter in our communities, with a particular focus on Indigenous children and the impact of residential schools. All lessons have been developed to allow for an age-appropriate understanding of National Truth and Reconciliation Day.

## **Terry Fox School Run**

On September 22<sup>nd</sup> our students participated in the Terry Fox School Run. It was great to see everyone outside together and so many parents that were able to join us! Thanks to everyone for the



donations this year! We raised approximately \$1240!

### Halloween at Lyn PS

We are thrilled to be able to celebrate Halloween with our students again this



year. We know this is an exciting and fun time for our students so we will be having a whole school Halloween parade and teachers will be planning activities for their own classes.

- Students should wear comfortable costumes to school (children may choose to wear orange and black instead of a costume).
- Props or accessories may not accompany the costume. Please avoid a costume that has accessories that students will want to remove or parts that need to be removed for a student to sit.
- If you wish to send in treats for sharing or distribution, please connect with your child's classroom educators as we have students with life-threatening allergies in our school. All treats should be individually packaged.

# **October is Child Abuse Prevention Month**



Staff will wear purple on October 27<sup>th</sup> as a way of collectively speaking up and sharing the message that child abuse and

neglect can be prevented and that help is available. This day allows us to have important conversations with our students about safety and well-being, and how to identify helping adults in our community.

### **Allergy Alert**

We have a number of students with life-threatening allergies at Lyn. In an effort to keep our school as safe as possible for all children we ask that you do not send your child with nuts, products that contain nuts or Wow butter. We do not allow any foods with nuts in the classrooms or shared areas. We also have a student with a severe life-threatening allergy to milk and eggs. We ask that you make every effort not to send eggs or liquid dairy with your child to school – particularly with children in our kindergarten classrooms. We do not want to put our students in a life-threatening situation because they have inadvertently consumed or come into contact with an allergen. Please review classroom information carefully so that we can keep all our children as safe as possible at school!

### **Bullying Prevention and Intervention**

Bullying is defined as mean, aggressive, repeated behaviour that is intended to cause harm, fear, or distress. This behaviour includes physical, verbal, electronic, written, or other means. As part of our <u>school bullying prevention</u>

policy, the staff and students at Lyn use W.I.T.S. – a strategy that students can use to help with peer conflict. It provides a common language that children and adults at school can use to talk about and



respond to peer conflict in a positive way. We encourage students to always Seek Help from an adult if using their WITS is not effective.



We met on Tuesday, September 11<sup>th</sup>. Allison Myre chaired the School Council meeting and Mariah Gallacher took the minutes. We will keep you apprised of school council activities on our Facebook page and our minutes will be posted to our school website. Our next meeting is scheduled for **Monday**, **October 2**<sup>nd</sup> **at 6:30 pm**.

If you are interested in running for the School Council executive (chair, vice chair or secretary) please contact the school with your self-nomination by Monday, October 2<sup>nd</sup>. All parents/ guardians are welcome to attend our meetings. Please contact the school if you would like to attend the next school council meeting. Thank you!



Positive Parenting: Pay attention to how the start of school is going with your child or youth. Encourage conversation. Try asking questions such as: Who are you looking forward to seeing tomorrow? What is one thing you're hoping to do this week? How are you feeling about school today? What's one thing that made you excited today? Is there anything from today that makes you a little worried? Talk about what makes them feel uncertain and also what they might look forward to for the week. As feelings can change from day to day, do regular check-ins with your kids. For parenting tips and suggestions, 1-800-660-5853, email call triplep@healthunit.org visit or www.triplepparenting.ca. Parenting matters!

Do you have younger children who haven't started school yet? Is their speech and language development on track? Children need a variety of skills, including communication and play skills, to be able to participate, learn, and have fun at school. They start learning these skills when they are babies and toddlers. The Language Express Preschool Speech and Language Program provides FREE assessment and therapy services for children from birth to JK in Lanark, Leeds, and Grenville. We can help you to be sure your child is on track. Don't wait! Go to our website www.language-express.ca for milestone checklists or to complete the online Communication Checkup. If your child is missing any of the expected skills call us or make an online referral through the Communication Checkup. Children born in 2020 must be referred by Sept. 1<sup>st</sup>, 2024. Parents can refer or get more information by calling 1-888-503-8885.

### Emergency Procedures

We have three emergency codes that we teach our students. *Shelter in Place, Hold and Secure,* and *Lockdown*. We also practice fire drills three times in the fall and three times in the spring. We review these procedures with our students, and we will continue to work with them in age-appropriate ways to help them understand why and when we use these codes. Similar to a 'Fire Drill', these codes must be understood and practiced so that children know what to do in the event of an incident.



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 THANK YOU! NATIONAL CUSTODIAN APPRECIATION DAY Mereting 6:30 PM	3	4 Cross Country Team to Commonwealth	World Teacher Day	6	7
8	9 THNNSTVNS	10 World Mental Health Day	11 Cross Country Team to Brockville Fire Prevention Week	12	13 Lyn Lions Spirit Day Wear Green	14
15	16	17	18	19	20	21
		Happy & CEE Appreciation By Day IEPs Home Today	School Bus Driver Appreciation Day	SCHOOL Photo Day	Crazy Hat or Hair Spirit Day	
22	23	24 Cross Country Team to Brockville (UC Cup)	25	26 Grade 1 & 2 Students to Foley Mountain	PD Dayl No School	28
29	30	31				