



PRINCIPAL'S MESSAGE

October was filled with lots of fun at Lyn PS! We had many wonderful experiences including cross-country running, soccer, art club, experimenting with our new Zip Grow Tower and Food Cycler in kindergarten, incubating eggs in grade two, kindergarten and primary field trips, Indigenous Education, and hosting international students and teachers from Brazil! We wrapped up a great month with our Halloween celebrations! Thank you to Mrs.

Bradford for organizing our staff "care bear costume"-dressing up as a staff to surprise the students as they arrive at school is one of our wonderful Lyn PS traditions!



The days are getting colder and shorter – it looks and feels like winter may be on its way! Please ensure that children are dressed for the weather each day – mittens, hats, warm coats, extra socks, and outdoor footwear would be great. Please try to label all belongings – our lost and found gets quite full at this time of year!

During the month of November, we will be learning about peace and kindness together. Please don't hesitate to reach out to me with any questions or concerns!

Elementary Progress Reports

Parents will be provided with an Elementary Progress Report for students on November 17th. The purpose of the Progress Report is to communicate student's development of learning skills and work habits during the fall of the school year, as well as the achievement of curriculum expectations in the different subject areas. You are encouraged to contact your child's teacher directly if you would like to discuss your child's progress. Improved student achievement and well-being are our primary goals.

Bullying Prevention and Intervention Week

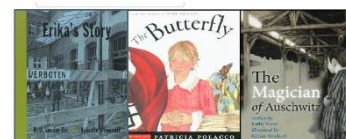


November 19th – 25th is Bullying Awareness and Prevention Week in Ontario. At Lyn Public School, our students are learning about being kind to build an inclusive school

community. Bullying awareness and prevention promote the development of healthy relationships that involve kind and respectful interactions between people, face to face, and on-line. We believe that a sense of belonging and positive peer relationships leads to improved mental health, wellness, and achievement. We have many wonderful learning opportunities planned for our students this week.

Holocaust Education Week

This month we will be recognizing our first ever UCDSB Holocaust Education Week during the last week of November (November 27th – December 1st). This event creates an opportunity to support the additions of Holocaust Education to the Grade Six curriculum and annually reemphasize our collective efforts to address antisemitism in our schools and communities. At Lyn, we have invested in resources that support the development of a safe and inclusive school by encouraging text selection practices that ensure all students are seen, heard, and valued.



Mental Health & Wellness



We continue to support our students in using a variety of tools to self-regulate and monitor both physical and mental wellness. Students

are building a "toolbox" of strategies that can help when they are feeling stress or anxiety and help them to stay calm and focused. We are using a variety of resources from School Mental Health Ontario to support our learning.

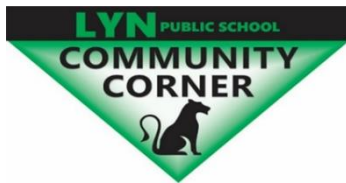




Our next School Council meeting will be on Monday, November 6th at 6:30 pm. The meeting will be in person in the learning commons. All are welcome to attend.

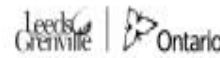
The ECO Holiday Shop

We are accepting donations of gently used and new items for our ECO Holiday Shop. Gift wrap and bags are helpful too! Donations can be dropped off in the blue bins outside the front door. The Holiday Shop will be open for shopping on December 11th and 12th this year.



Teens Can Be Resilient! A Guide for Parents & Caregivers. To become more resilient, teens need supportive relationships, healthy coping, optimistic thinking, emotional awareness, and skills for living. Check out this [guide](#) for practical tips on how to build resiliency in your teens.

Packing a Safe Lunch. Lunch provides the fuel kids need to make it through the school day; however, if it is not prepared and stored safely, it can put your kids at risk of food borne illness. There are four basic food safety principles that when followed can help you prepare safe meals: Separating, Cleaning, Cooking and Chilling. For more details, check out this [fact sheet](#). **Need lunch ideas?** Visit: [What's for Lunch? \(Elementary Version\)](#) and/or [What's for Lunch? \(Secondary Version\)](#).



Christmas Tea and Sale

Christ United Church, 12 Perth St. Lyn
Saturday November 18th
9:00 am till 1:00 pm

Local Vendors
Lap Sized Quilts
Baked Goods
Jewellery
Used Books
Christmas Décor
Homemade Soaps
Homemade Crafts

Light Refreshments will be available!



Kids Have Stress Too!

A three-session parent and caregiver workshop designed to help you better understand childhood stress and ways to help your children manage anxiety and stress.

Virtual on Microsoft Teams
Thursdays, November 16, 23, 30
6:30 - 7:30 p.m.





To register or for EarlyON Information:
Children's Services Department
1-866-433-8933 Ext. 2374
Mon. to Fri., 8 a.m. - 4 p.m. except holidays
LeedsGrenville.com | [Facebook.com/CSUCLG](https://www.facebook.com/CSUCLG)



November 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Virtual Presentation 	2 Grade 5/6 Soccer Tournament 	3	4
5 	6 School Council Meeting Lyn Learning Commons 6:30 pm	7 Hot Dog Day 	8	9	10 Remembrance Day Assembly 10:30 am 	11
12	13 	14	15 Photo Retakes 	16	17 Progress Reports home today	18
19	20 Bullying Prevention Week Begins!	21 Team Kindness Day – Wear a Sports Jersey! 	22	23 Crazy for Kindness Day – Wear Crazy Socks! 	24 PD Day! No School	25
26	27	28	29 Holocaust Education Week	30		

